



Return to Play Guidelines

- This document is to help guide the **Amity Soccer Club** safely return to play for the Fall 2020 Season.
- The purpose of sharing these guidelines with all players, parents, coaches and managers is:
 - To Promote Behaviors to Reduce Spread of Illness
 - Creating a Healthy Environment
 - Utilizing Healthy Operations
 - Preparing for Illness.
- This protocol has been developed to be in line with local, state and federal regulations and is subject to updates and changes.

August 2020

Getting Started



Amity Board Member Responsibilities:

- Create and distribute protocols to members.
- Confirm player registration.
- Provide adequate field space for social distancing.
- Plan to provide hand sanitizing stations and waste receptacles at fields for individual participant use.
- Create designated drop off zones.
- Prepare practice and game day plans in accordance with these guidelines, as well as those from state and local authorities.
- Be sensitive and accommodating to players and parents who may be uncomfortable with returning to play at this time.
- Follow the CJSA Phase 3 Return to Play Guidelines

Additional Resources:

CJSA Return to Play

<http://www.cjsa.org/home.php>

CJSA Coronavirus Resources:

<http://www.cjsa.org/coronavirusresources>

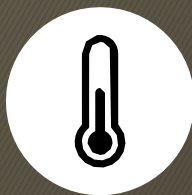
Behaviors to Reduce the Spread



The CDC outlines the following items as important in reducing COVID-19



Wash hands with soap and water frequently.



Do not attend practice or game if not



Cover coughs and sneezes.



Per public health recommendations, wear masks except when playing.



Avoid touching your face.



Follow all CDC guidelines as well as those of your local health authorities.

Mandatory Precautions

Coach

Club or Manager

Player

Parent

Parent must do a health check of their child before EVERY team event. A child showing any signs should stay home.



Use hand sanitizer before & after training and games.



Post signage reminding members to practice good hygiene, social distancing, and prevention.



Message members with reminders about social distancing and prevention methods



Promptly leave after training and matches.



Bring your own water bottle; do not share.



Avoid carpooling.



Shower immediately upon returning home.



Bring and use hand sanitizer to every training and games.



Disinfect non-washable equipment like cleats, guards, gloves.



Disinfect field equipment like balls and benches.



Create a Healthy Environment for all



The CDC recognizes the importance environment plays in the spread of disease. We will enforce the following steps toward creating a healthiest environment possible or our club, coaches, players and parents.



No sharing of water bottles, snacks, or equipment.



Per public health guidance, masks must be worn by all, except players when on the playing field.



Physical distancing should be observed by players when possible and by all others at all times.

Mandatory Precautions	Coach	Club or Manager	Player	Parent
Benches to be sanitized post game and practice		✓		
Hand sanitizer station on every bench or in the shed.		✓		
Strict adherence to schedule. Prompt start; finish as scheduled. Prompt arrival and departure.	✓	✓	✓	✓
Parents must not touch game balls that leave the field of play. Parents must also stay 6 feet away from field as designated.				✓
Parents should remain in their cars during training.				✓
Players will be dropped for all practices at the designated drop off zone in the parking lot. Players will exit their cars with their masks on & proceed directly to their field.			✓	✓
There will be no post-game handshake or team huddles. Players should clean up their gear and join their parents in their cars promptly.	✓		✓	✓
Pre-game and half-time huddles should observe social distancing; no handshakes, high-fives, fist bumps, hugs, etc.	✓		✓	

Create a Healthy Environment con't



Mandatory Precautions	Coach	Club or Manager	Player	Parent
Record all attendees (players and coaches) at practices/games by club designee (coach, asst. coach, team manager at practice/team manager, club COVID Director at games). This practice will aid in tracking if needed by public health authorities.		✓		
Players must wear a mask while sitting on the bench or must stand 6 feet from bench			✓	
If more than one team is using a field for training at the same time...training areas should be at least 20 yards apart.	✓	✓		
Players to bring own pair of gloves in their bag (to use for goal keeping).			✓	
No more than two (2) spectators per player are permitted at games. Those from the same home may sit together. Those from different homes must sit 6 feet apart. They should remain in their cars until shortly before kick-off and return to their cars immediately following the final whistle.				✓
Remove all trash after all training and games. No Post Game Snacks.	✓	✓	✓	✓
Porta Potty will be available; however all users must wear a mask while utilizing the facility	✓	✓	✓	✓

Utilize Healthy Operations Procedures



CDC recommends establishing operational protocols that Amity Soccer Club has put in place that we see are vital to player, parent, and staff safety.

Mandatory Precautions	Coach	Club or Manager	Player	Parent
Staggered start times when multiple teams are using the same training site on the same day; staggered start times also apply on game day.		✓		
Home club will clean the technical areas with a disinfectant cleaner (follow manufacturer's usage instruction) prior to the teams from the next game arriving.		✓		
In case of any notification of an infected player being in contact with an Amity Travel Player, the Amity Soccer Club COVID Director will notify the local health officials and follow all local regulations in relation to discontinuation of play		✓		
All Amity Soccer Club Board Members and Managers are authorized to ask spectators or players to leave the field should precautions not be followed		✓		
Clubs must provide hand sanitizer at each bench area or at the shed for all activities.		✓		
All state and local health guidelines and protocols should be followed.		✓		

Utilize Healthy Operations Procedures



Mandatory Precautions	Coach	Club or Manager	Player	Parent
Stated club policy on all club personnel and coaches wearing protective gear (masks, gloves).		✓		
Record all attendees (participants and coaches) at practices/games by club designee (coach, asst. coach, team manager at practice/team manager, club COVID Director at games). This practice will aid in tracking if needed by public health authorities.		✓		
Plan for all player areas to be disinfected following every match and training session. Training for those disinfecting the player areas should follow the directions on the disinfectant label.		✓		
Provide adequate outdoor space for training		✓		
Coaches alone shall be permitted to touch equipment, including training discs and cones; do not enlist help from players or parents. Coaches will not be permitted to use pinnies during practices.		✓		

Prepare for the Return of a COVID Spike



CDC guidelines require having a plan in place when illness returns. The plan will help control and mitigate the effects of COVID-19.

Mandatory Precautions	Coach	Club or Manager	Player	Parent
Amity Soccer Club communication plan <ul style="list-style-type: none"> Coaches and families will be notified if Amity Soccer Club becomes aware of a participant or a coach/manager has developed COVID-19 and may have been infectious to others while at a Amity Soccer Club activity. Maintain participant confidentiality regarding health status. 		✓		
Notify the Amity Soccer Club of a COVID-19 diagnosis.		✓		
Train and educate all staff on protocols and requirements, including state and local regulations, CDC recommendations and other necessary safety information.		✓		
Be prepared to shut down and stop operations.		✓		
Develop plans for temporary cancellation of outdoor activities for proper disinfection.		✓		